

THE #1 SECRET TO CALM & CARING KIDS
BY SHARON LOVE, M.ED., CREATOR OF
SUPER PEACE MONKEYS™



If you would like to help kids to calm down, the #1 secret is to smile calmly at them, and to reward them with smiles. To reward calm, kind behavior, you can put a smile on the Super Peace Monkeys™ "smile sheet" every time your child does something calm, kind and/or helpful. Whenever they reach ten smiles, you can give them a reward, such as the award certificate below, or extra time to play Super Peace Monkeys™ free online games.

Psychological research shows that smiling can actually help us to calm down, feel happier and more confident, and create better relationships. When we smile calmly, we encourage others to like us, and to smile calmly back. Look for reasons to smile at your children or your students. Every day, tell them what they do or say that makes you smile, and thank them for it. Better yet, hold regular family or classroom "smile circles" in which each person says one reason they have to smile that day. Smile and play often. For free online games from SUPER PEACE MONKEYS™, VISIT WWW.SUPERPEACEMONKEYS.COM



SUPER PEACE MONKEYS™ SMILE CHART

REWARDS FOR CALM & KIND KIDS (TEN SMILES PER REWARD)

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FOR A FREE REWARD VIDEO GAME FROM SUPER PEACE MONKEYS™, YOU
CAN VISIT WWW.SUPERPEACEMONKEYS.COM



CONGRATULATIONS!

THE SUPER PEACE MONKEYS™ CALM
& CARING KID AWARD GOES TO

FOR SHOWING CALM & CARING BY

FOR A FREE REWARD VIDEO GAME FROM SUPER PEACE MONKEYS™, YOU
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FREE

TO PARENTS: ASK THE TEACHER FOR THE #1
SECRET TO CALM & CARING KIDS, AND A FREE
VIDEO GAME FROM SUPER PEACE MONKEYS™

